



# GENERAL PROGRAM

## WUKF Special Seminar - Cluj Napoca

27 - 29 January 2023

### Friday 27.01.2023

#### **16.00 – 18.00 Tatami management - *debate***

Frequent situations that could arise during the competition;

Tasks to be achieved by the TM

*17.00 – 17.30 Coffee breaks*

Main points to follow in the development of a kata/kumite category

Relation TM with Refcom

#### **18.00 - 19.00 Updating Rules - draft**

### Saturday 28.01.2023

#### **9.00 – 11.00 SANBON (also Nihon Kumite, Individual & Team) – *debates***

Misinterpretations of the Rules

Examples of the most common situations that lead to contradictory decisions

Simple & clear decisions VS frequently wrong decisions (examples)

#### **11.30 – 13.00 SANBON – Practice**

*13.30 Lunch*

#### **15.00 – 16.00 IPPON – *debates***

#### **16.00 – 17.00 IPPON – Practice**

*Free time to enjoy Cluj Napoca!*

*20.00 Dinner*

### Sunday 29.01.2023

#### **9.00 – 10.00 KATA - *debates***

How to evaluate a kata performance

“Hot points” in kata (where errors frequently happen) to be observed

*10.00 – 10.30 Coffee breaks*

#### **10.30 – 11.30 KATA: Practice**

**Conclusions!**